

Update from Hampshire County Council – July 2022

How to manage COVID-19 symptoms and stay well this summer

As the summer gets underway, Hampshire County Council is reminding residents to follow the NHS guidance for managing symptoms should they become unwell with a respiratory illness that could be COVID-19

Common signs of a respiratory illness are a high temperature, persistent cough and headache. Anyone experiencing these symptoms should try the following NHS advice:

- Get lots of rest
- Drink plenty of fluids (water is best) to avoid dehydration
- Take paracetamol or ibuprofen if feeling uncomfortable
- Try having a teaspoon of honey to soothe a cough (do not give honey to babies under 12 months)
- It can help to keep the room cool, if feeling breathless
- Continue to practice good hygiene

Anyone with COVID-19 symptoms wishing to get in touch with their pharmacy should stay at home and try calling or contacting them online instead. If symptoms are not getting better or become worse [go to 111.nhs.uk](https://111.nhs.uk), call 111, or contact your GP surgery. In case of emergencies call 999.

For more details about managing the symptoms of COVID-19 [visit the NHS website](https://www.nhs.uk).

<https://www.hants.gov.uk/News/220628howtomanagecovid>

Childcare over the Summer holidays

Details of Ofsted registered childcare, activities and leisure services (and lots more information for families), can be found in the Hampshire Family and Information Services Hub directory: fish.hants.gov.uk

If a child has a special educational need or disability, then check out services with a Local Offer flag. For further details on how your child will be supported:-

<http://fish.hants.gov.uk/.../directory/localoffer.page...>

If you need help with paying for childcare go to www.childcarechoices.gov.uk/

Not able to find the childcare services you need? Use our Childcare Request Form:

<http://childrenshampshirecc.researchfeedback.net/s.asp...> or email childcare@hants.gov.uk for further assistance.

Hampshire community projects to benefit from £70,000 funding boost thanks to County Leader's Community Grants Scheme

Over £70,000 has been awarded to five Hampshire groups to help each maintain and extend the activities provided for local communities from the Leader's Community Grant Fund scheme, which contributes, throughout the year, to groups supporting Hampshire's residents. Projects supported include funding a new roof for a memorial centre; funding projection and audio equipment to allow a heritage trust to expand its accessible services; funding increased accessibility along 12km of public byways for the Riding for the Disabled Association; and funding the installation of new lighting, a sound system, and a projector to create a modern accessible room for the local community a village hall.

Community groups are encouraged to consider suitable schemes that may be suitable for support. The scheme considers applications for between £1,000 and £25,000 to use for activity costs and/or capital costs. Applications can be made at any time and are dealt with on a 'first come, first served' basis. Amounts over £25,000 can be considered in exceptional circumstances.

<https://www.hants.gov.uk/News/24062022LeadersGrantsJune>

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Apply for grants to extend support for low-income families

Applications for grant funding are now open to organisations across Hampshire and the Isle of Wight who can offer advice to vulnerable families on a range of issues including finance, health and wellbeing, housing and employment. The support given will benefit families enrolled on this summer's Holiday Activities and Food (HAF) programme, which provides fun and enriching activities to do over the summer holidays, together with a healthy, nutritious meal.

Individual grants of up to £4,500 are on offer and can be used to deliver a range of activities, with a preference to fund organisations offering face-to-face or virtual advice sessions.

Applications for provision of printed or digital resources may also be considered.

Organisations eligible to apply may include Citizen's Advice, healthcare providers, family support services, housing support services, Jobcentre Plus and more.

The deadline for applying for a Signposting Grant is Sunday 3 July 2022. Organisations wishing to find out more should go to the [connect4communities website](https://www.connect4communities.org.uk) for the full guidance and application form.




<https://www.hants.gov.uk/News/220622HAFsignpostinggrant>

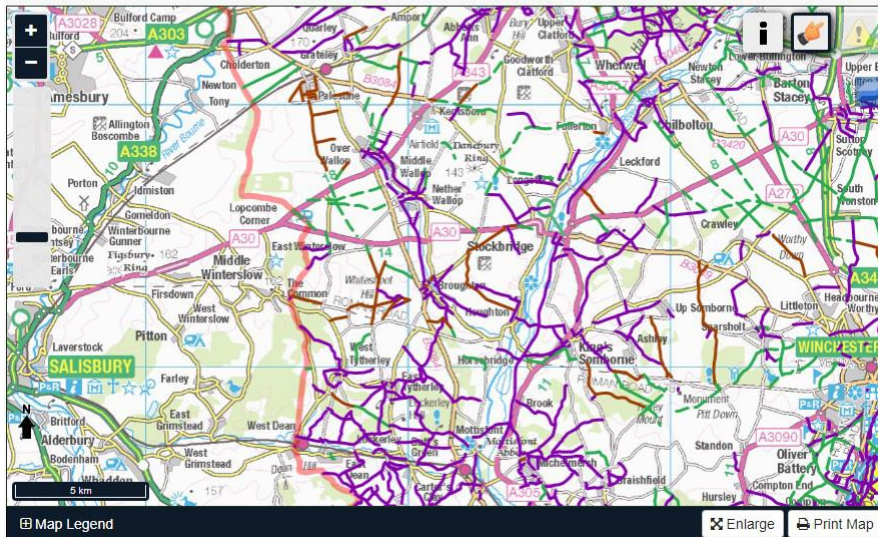
Reporting problems with Footpaths and Public Rights of Way

To report a problem on a Public Right of Way you need to use the map tools to select the affected route and then mark the location of the problem. You can only report problems within 50m of a Path. Adding photos to your report will help us to assess the issue.

Report a Problem

To report a problem on a Public Right of Way you need to use the map tools to select the affected route and then mark the location of the problem. You can only report problems within 50m of a Path. Adding photos to your report will help us to assess the issue.

1. Use the search map function to locate the right of way, then zoom so you can accurately mark the location of the problem.
2. Click  and click an item on the map to see further information or to add a comment.
3. Click  and then click on the route or furniture – it will be highlighted in pink.
4. Click  and then click the map to mark the location of the problem.



<https://hantsrow.esdm.co.uk/standardmap.aspx>

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